

New Year's Resolutions for Preschoolers

Prepared by KCCNJ.com

Resolutions for Preschoolers (Ages 3-5)

Health and Hygiene

1. I will brush my teeth twice a day with help from my parents.
2. I will wash my hands after using the bathroom and before eating.
3. I will try new foods, especially colorful vegetables.
4. I will drink water every day.
5. I will learn to use the potty consistently.

Personal Growth

6. I will learn to tie my own shoes.
7. I will practice writing my name every day.
8. I will learn a new word each day.
9. I will try to dress myself in the morning.
10. I will learn to zip and button my clothes.

Behavior and Social Skills

11. I will use my words to express my feelings.
12. I will share my toys with siblings and friends.
13. I will say "please" and "thank you" more often.
14. I will be nice to other kids who need a friend or look sad.
15. I will listen when others are speaking.

Responsibility

16. I will put away my toys after playing with them.
17. I will help clear the table when I'm done eating.
18. I will learn to make my bed.
19. I will feed my pet (with supervision).
20. I will help water the plants.